

Colmers Farm Primary School

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Deputy Head Teacher: Mrs Young
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16th September 2024

Dear Parents / Carers,

YoungMinds – Mental Health Awareness Day

On **Thursday 10th October** we are asking children to come to school wearing Yellow in support of YoungMinds and Mental Health Awareness Day. We are asking for a recommended donation of £1 which can be paid via our school JustGiving page below:

https://www.justgiving.com/page/colmers-farm-1726479766717?utm_medium=fundraising&utm_content=page%2Fcolmers-farm-1726479766717&utm_source=copyLink&utm_campaign=pfp-share

It takes courage to ask for help. But for many young people who do, the support they need just isn't there. Hundreds of thousands of young people are struggling with their mental health, but too many are being told to wait, struggling to cope and hitting a crisis point before they get help.

That's why we are supporting YoungMinds in raising both awareness and funds for this much needed charity.

If you have any queries, please feel free to contact the school office on 0121 716 0444 or email enquiry@colmersfarm.excelsiormat.org.

Yours sincerely,

Mrs Young
Head of School



2022-2025



Artsmark
Silver Award
Awarded by Arts
Council England



SCHOOL
MEMBER