Colmers Farm Primary School

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26th February 2026

Dear Parents and Carers,

This year, during the summer term, children will receive sex and relationships education lessons (SRE). At Colmers Farm, sex and relationships education begins in Year 1 and continues throughout the school. We believe that this element of the curriculum is **vital** in preparing our children for the future.

Below is an outline of the sex and relationships education lessons that will be taught in Year 4 during the summer term.

Year 4 sex and relationships education lessons summary:

There are 3 lessons. Here is a summary of what the children will be learning:

1. Explore the human lifecycle and to identify some basic facts about puberty. The learning outcomes are to understand that puberty is an important stage in the human lifecycle and to know some of the changes that happen during puberty.

2. Explore how puberty is linked to reproduction. The learning outcomes are to know about the physical and emotional changes that happen in puberty and to understand that children change into adults to be able to reproduce if they choose to.

3. Explore respect in a range of relationships and discuss the characteristics of healthy relationships. The learning outcomes are to know that respect is important in all relationships including online and to explain how friendships can make people feel unhappy or uncomfortable.

If you want to remove your child from these lessons, you must write a letter and send it into school **no later than Monday 31st March 2025**, otherwise your child will participate in the activities planned.

If you have any questions or wish to find out more information, then please do contact school to speak with myself or a member of the Senior Leadership Team.

Thank you for your continued support,

Mrs Greep
Personal Development Lead