

#### **Colmers Farm Primary School**

### WEEKLY NEWSLETTER



Celebrating another special week at our nurturing school

Attention Year 6 parents! 2022 Secondary School Applications

Secondary school applications must be submitted online by Sunday 31<sup>st</sup> October. Please visit the below link for further information.

www.birmingham.gov.uk/info/20119/school\_admissions/1778/apply\_for\_secondary\_school\_year\_7\_place



### Friday 22<sup>nd</sup> October 2021

#### Dear Parents/Carers

I hope you've all had a good week. Riding bicycles is a great way to stay fit as well as providing an environmentally friend form of transportation. This week, our Year 5s have been having their Bikeability training. This training is becoming established as an annual event at Colmers Farm. This helps to educate our pupils about how they should maintain their bikes, so they are safe to use, and about how they can stay safe when riding them. These are vital skills for our children to have.

Please remember that although we encourage our children to ride bicycles or scooters to school, these should not be rode on the school grounds, as they can cause accidents to others. Can I also remind all of you of the importance of your child wearing a helmet when riding a bicycle or scooter. These really do save lives!

A huge well done to our Mathletics winners last week who were 6B. They scored an amazing 51219 points. WOW! Second were 3T with 14505 points. Mathletics is a great way for your children to practise their maths in a fun way and homework is set on here weekly for children from Year 2 to 6 to complete. Please remember to complete the complete of the second sec



weekly for children from Year 2 to 6 to complete. Please remember to check out the Mathletics totals each week on the front page of our website to see where your child's class has come.

On Tuesday this week, myself and Miss Kelly held two meetings for our 2022 prospective reception parents. It was great to have so many parents attending. They all had a tour of the school and this was a fantastic way of sharing just how far we have come on our journey over the last two plus years. Hopefully, we will see many of these parents again in September.

Also on Tuesday, our football team competed against several other schools in a football competition. They were magnificent. They won 3 games, drew 1 and lost 1. They are now through to the finals next week. Well done and good luck for next week.



#### DIARY DATES

23/10/21 Half Term Holiday begins

31/10/21

2022 secondary applications to be completed by

WB 01/11/21 School Training Day. Children return on 02/11/21

03 and 04/11/21 Parents' Evenings flu vaccines on 03/11/21 also

05/11/21 Year 2 visit to the Black Country Museum

Do you have a safeguarding concern about a child?

Contact:

safeguarding@colmersfarm. excelsiormat.org

Alternatively contact
Birmingham City Council
Children's Trust on 0121 303
1888

Emergency out-of-hours number: 0121 675 4806

What's new on our website this week?



Updated staff list for after half term. (Who's Who Section)

www.colmersfarm.excelsiormat.org

On Thursday, the hilariously funny and informative Professor McGinty was in school with Year 4 teaching them about life in Roman times. The children (and staff) really enjoyed this and Professor McGinty was very impressed with how much knowledge the children already had about this topic and with their questions and behaviour. Well done Year 4!

Year 5 completed their first aid training on Wednesday this week. I am now proud to announce that every year group in KS2 has now had first aid training session in the last two years. We now have an army of budding first aid medics who are eager to put their first aid skills to use if needed. ©

I hope that you have a lovely and restful half term with your family. We look forward to seeing everybody back in school, safe and well, on Tuesday  $2^{nd}$  November.

Mr Williams Headteacher





#### Please follow us on Twitter!

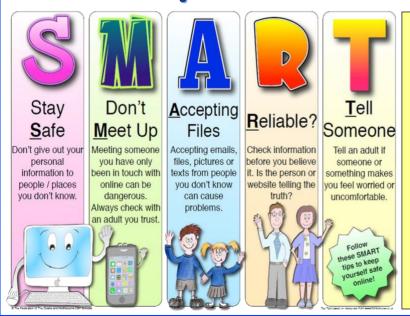
Our feed is where we celebrate the wonderful learning opportunities we provide for all of our pupils everyday!

**@Colmers FarmPS** 





# e-safety – Keeping your children safe online. Does your child know these rules?



#### Pupil e-safety challenge

What would your child do if this happened to them?

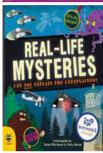
A friend of yours is obsessed with an online game and they play it late into the night. Their parents do not know. They are tied and irritable at school, but they do not want to stop. What should you do?

- 1. Tell my teacher or my parent, so they can talk to their parents.
- 2. Do nothing. They will not be my friend if I tell tales about them.
- 3. Leave it for a while. They will get bored of the game eventually.

This week's answer = 1





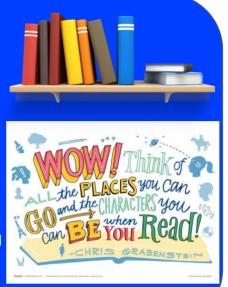


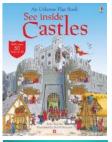


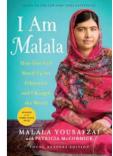
#### **READ, READ, READ!**

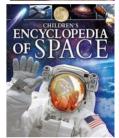
Reading is a key skill which is so important to your child's development at all ages. Please try to listen to your child read at least once a day (for 10-15 mins ideally). It's also great for children to listen to you reading aloud as well.

As you know, our children in Years 1-6 have access to thousands of books online via myON. If you need help accessing this, please contact your child's class teacher or the school office.









# **Accelerated Reader**Champions League Table

	Class	Number of	Movement
	Name	words read	from last
		this week	week
1 <sup>st</sup>	6B	838491	<b>—</b>
2 <sup>nd</sup>	6D	460108	<b>—</b>
3 <sup>rd</sup>	5 <i>A</i>	299267	1
4 <sup>th</sup>	3T	210201	•
5 <sup>th</sup>	<b>4</b> J	145436	1
6 <sup>th</sup>	3H	135929	•
7 <sup>th</sup>	5T	64755	
8 <sup>th</sup>	3T	33592	<b>.</b>

### Well done to 6B!

School record holders are 6B - 977007 words in one week (01/10/21)



# Well done 6D!

100% of your class
completed an
Accelerated Reader test
this week. This was the
highest percentage in our
school! 3T were second
with 85%





# Help your child become a better READER

Questions to ask your child while reading nonfiction text.

-What is the main idea of the text?

-Can you tell me something you already know about this topic?

-What did you learn from reading the text?

-Are there any words that you do not know what they mean?

-What are some new words that you learned?

-Do you have any questions after reading this?

-Were there any features (diagrams, charts, pictures)
that were important?

-Where could you find out more information about this topic?

-What questions would you ask the author about this topic?

-What would be a good title for this text?

-Can you think of another book that you have read about this topic? How was it similar? How was it different?

-Did you like the text? Why or why not?

fun-in-first blogspat com



# Help your child become a better READER

Questions to ask your child while reading fiction text.

-Who is the main character?

-What is the setting in the story? Does the setting change?

-What was the problem in the story and how was it solved?

-Did the character change during the story? How?

-How are you like the main character? How are you different?

-What do you predict will happen next in the story?

-Why do you think the author chose this title for the story?

-Do you like the title of the story? Why or why not?
-Can you think of a different title for the story?

-Which character from the story would you choose to be your friend? Why?

-Which part of the story was the most exciting? Why?

-Did you like the end of the story? Why or why not?

-Which parts in the story could really happen? Which parts could not really happen?

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Questions to ask your child when reading to them





WEAR YOUR HELMET EVERY TIME YOU GET ON ANYTHING WITH WHEELS



WEAR LIGHT OR BRIGHT COLOURED CLOTHING AND SHOES THAT COVER YOUR TOES



LISTEN FOR VEHICLES AND OTHERS ON THE ROAD -- LEAVE YOUR HEADPHONES AT HOME



CHECK YOUR TYRES FOR AIR BEFORE EACH RIDE AND MAKE SURE YOUR BRAKES WORK PROPERLY





Led by St. John's Hospital www.safekidsspringfield.org - 417-820-667





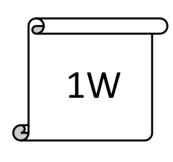


# ATTENDANCE

This week's best attendance prize winners! Well done!

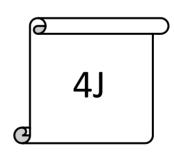


### EYFS and KS1





KS2





### This Week's Hot Chocolate Winners

Congratulations to all of our hot chocolate winners this week. They are:

**EYFS - Logan** 

Year 1 - Kade

Year 5 - Maddie

Year 6 - Loren



# This week's congratulations assembly recipients

Well done to:

Mahz H. (RC)

Shea W. (RF)

Winnie-Mae (1W)

Maria-Mae (1K)

Aylah (1F)

Spencer (2H)

Betty (2B)

Ivanna (3T)

Moonshine (3H)

Tyler (4G) Nazilla (4J)

Luke (5A)

Ethan (5T) Lauren (6B) Lily (6D)



You have all demonstrated the key quality of reilience this week.

#### This week's house point results

722

815

734

719

Farah

Thompson

Daley

Ennis-Hill

### **School Uniform**

At Colmers Farm Primary School, we place a high priority on all of our children wearing the correct school uniform. Please note that our children are not allowed to wear trainers in school, unless short term with prior agreement.

For details on our school uniform requirements, please see the uniform section on our school website.

Thank you for your support with this.

### Help with School Uniform

Rubery Community Swop Shop is a fabulous organisation which helps families by providing pre-loved school uniform, PE kit and footwear to them FOR FREE. Please visit www.ruberyswopshop.co.uk or ruberyswopshop@outlook.com for more information.



# Pupil Mental Health and Well-Being Tips



# HOW TO PROMOTE POSITIVE MENTAL HEALTH IN YOUR CHILD



#### BE A ROLE MODEL

How you handle your challenges and uncomfortable feelings influences how your child learns to respond to their own.



#### LIMIT SCREEN TIME

Don't let electronics get in the way of developing a deep connection with your kids. Limit screen time for your kids and for yourself.



#### STOP HELICOPTERING

Hovering too closely limits your child's development by not letting them learn how to handle disappointments or overcome struggles.



## TALK TO YOUR CHILD ABOUT THEIR FEELINGS

Being able to share their feelings in a healthy, productive way is essential for kids' good mental health.



## FOCUS ON THEIR PHYSICAL HEALTH

Diet and sleep can contribute to children's mood, attention span, anxiety levels and general behavior.



### ACCENTUATE THE POSITIVE

Praise your child for their efforts, not only their successes, so they develop a positive sense of self even when they're struggling.



#### LET THEM KNOW Mistakes are normal

Let your kids see your own errors so they realize everyone makes mistakes sometimes and it doesn't define a person's worth.







# Out of School Club Provision

for drildren from Rubery Nursery Sthool and Colmers Primary Sthool\*

\*uptotheage of 8 years dd



Rubery nursery school







Breakfast Club is open from **7.30am - 9.am** and After School **3.00pm - 5.30pm** 

Our Out of School Club offers children from 2 – 8 years old a safe and friendly environment with qualified and experienced members from our staff team. Children can choose from a range of activities relevant to their age and ability.

We offer snack to the children during the session. They can choose between cereal or toast for breakfast if they arrive before 8.30am and will receive a biscuit and a drink before 4.15pm. A light tea is offered for children staying after 4.15pm. For more information, please request a prospectus or phone us on the number below.

For more information and prices please contact our Reception on

0121 464 2158 or visit us at:

Leybrook Road, Rubery, Birmingham B45 9PB

www.ruberyn.bham.sch.uk



@RuberyNursery

Inspiring Independence, Confidence and Curiosity



# Help for all families in Birmingham



Food & Energy



Youth Support



Domestic Abuse



Emergency Funding



Money & Debt Advice



Data & IT



Under 5's Support



School Uniforms & Clothing



**Parenting** 



Special Needs & Disabilities



Bereavement



Housing



Sexual Health



Mental Health



Play









#### Edgbaston

EarlyHelpEdgbaston@gatewayfs.org 0121 456 7821

#### Erdington

ErdingtonFamilies@compass-support.org.uk 0121 748 8199

#### Hall Green

Hallgreen.families@greensquareaccord.co.uk 07570 953519 (9:30am to 4:30pm)

#### Hodge Hill

EarlyHelp-Hodgehill@family-action.org.uk 07976 199894

#### Ladywood

childrenandfamilies@bsettlement.org.uk 07764 977636

#### Northfield

NorthfieldFamilies@northfieldcommunity.org 07516 918 133

#### **Perry Barr**

PerrybarrEHnetwork@spurgeons.org 0121 752 1900

#### Selly Oak

EarlyHelp.Billesley@gmail.com 0121 441 4556

#### Sutton Coldfield

SuttonEHnetwork@spurgeons.org 0121 752 1860

#### Yardley

EarlyHelpYardley@barnardos.org.uk 0121 289 4875





### SEND BRIEFING PARENT WEBINAR

November 2021





Parent/Carer Webinars take place regularly throughout the year and cover a number of different topics. Please see the local offer website for further details. Each webinar should last approximately one hour and take the format of a presentation followed by an opportunity to ask questions.

# Supporting Autistic Children with Mental Health Issues

# Speaker Aaron Yorke (Communication & Autism Team)

Aaron Yorke is a specialist teacher, and a proud parent of two autistic children. In this webinar Aaron will discuss autism and mental health issues, and how you can support children and young people using acceptance based approaches.

**Monday 8<sup>th</sup> November 2021 - 1.00pm - 2.30pm** Supporting Autistic Children with Mental Health Issues

https://www.localofferbirmingham.co.uk/product/cat-supporting-autistic-children-with-mental-health-issues-8th-november-1pm/

Thursday 11<sup>th</sup> November 2021 - 10.00am - 11.30am Supporting Autistic Children with Mental Health Issues

https://www.localofferbirmingham.co.uk/product/cat-supporting-autistic-children-with-mental-health-issues-11th-november-10am/

All people who book a ticket will be sent a copy of the presentation and a copy of the recording of the webinar.







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### **Sensory Smart**

# Speakers Ellie Steer & Sarah Gallagher (SEND Occupational Therapists)

This family webinar will look at understanding sensory processing and the 8 sensory systems. We will discuss strategies you can try at home to support your child to build positive sensory experiences.

Wednesday 10<sup>th</sup> November 2021 - 9.30am - 10.30am Sensory Smart for Primary age Children

https://www.localofferbirmingham.co.uk/product/sensory-smart-for-primary-age-children-10th-november-9-30am/

Thursday 11<sup>th</sup> November 2021 - 1.30pm - 2.30pm

Sensory Smart for Secondary age Children

https://www.localofferbirmingham.co.uk/product/sensory-smart-for-secondary-age-children-11th-november-130pm/

All people who book a ticket will be sent a copy of the presentation and a copy of the recording of the webinar.







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November 2021





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# Talking about Women and Girls on the Autistic Spectrum

# Speaker Anne Seymour Communication & Autism Team

A short presentation to include information about some of the challenges faced by women and girls who are on the autistic spectrum and some of the strengths that they have. There will be an opportunity to ask some questions.

### Tuesday 23rd November 2021 - 10.00am - 11.00am Talking about Women and Girls on the Autistic Spectrum

https://www.localofferbirmingham.co.uk/product/talking-about-women-and-girls-on-the-autistic-spectrum-23rd-november-10am/

#### Thursday 25<sup>th</sup> November 2021 - 1.30pm - 2.30pm

Talking about Women and Girls on the Autistic Spectrum

https://www.localofferbirmingham.co.uk/product/talking-about-womenand-girls-on-the-autistic-spectrum-25th-november-130pm/

All people who book a ticket will be sent a copy of the presentation and a copy of the recording of the webinar.



